



Health Care
Coalitions Weekly
Update:
September 26, 2024

This week's update includes:

- Register for the in-person meetings in October
- Reminder- Full scale communications test next Wednesday
- Great training opportunities coming up
- And More!

Follow up needed.....

(this box will indicate areas within the update that require action by membership)

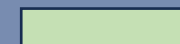
- Registration for your regional meeting in October

Legend for the backgrounds in the update:

Hospital/Healthcare



All Membership



SNF/Assisted Living/Home Health Hospice



Coalitions Contact Information

Email us at cwhealthcarecoalitions@centracare.com

[Visit the Coalition Website](#)

Emergency 24/7 Phone: 320-654-2720

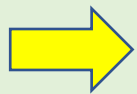
Central Coalition Meeting

In-Person Meeting

CentraCare Health Plaza
1900 CentraCare Circle
St Cloud
Windfeldt Room (Lower Level)

October 16th 9:00-3:00

- [Agenda](#)
- [Registration Link](#)



Registration is required and will close October 4th

Agendas are subject to change



West Central Coalition Meeting



In-Person Meeting

Minnesota State Community and Technical College

Fergus Falls

October 24 9:00-5:00

- [Agenda](#)
- [Registration Link](#)

Registration is required and will close October 15th, 2024

Agenda is subject to change

Coalition Communications Test

~Save the Date~



This is a reminder of the Coalitions full scale Communications Test, testing all components of the coalitions communications outlets that is scheduled for

Wednesday, October 2nd – between 12:30 – 1:30

This Coalition Communications test qualifies as a community-based functional exercise



HERT Decontamination Hands-On Workshop

Several hospitals participated in the free Decon workshop we offered members this week!

Participants were able to engage in hands on donning, doffing, deconning not only a mannequin but also a toddler, technical decon and more!



Microsoft Warns of Ransomware Threat to US Healthcare by Vanilla Tempest

Microsoft has issued a warning about a cybercrime group known as Vanilla Tempest, which is using the INC ransomware to target US healthcare organizations. This group primarily exploits systems already infected with Gootloader malware, using it to gain access and deploy ransomware. Vanilla Tempest utilizes tools like the Supper backdoor and remote management software such as AnyDesk to infiltrate networks and move laterally via Remote Desktop Protocol (RDP).

Active for at least two years, Vanilla Tempest has also targeted education, IT, and manufacturing sectors. Their activities show overlap with another group, Vice Society, which has been active since mid-2021 and is linked to multiple ransomware families, including BlackCat and Rhysida. The INC ransomware, part of a ransomware-as-a-service (RaaS) model, has been deployed by Vanilla Tempest for about a year, indicating they may operate as affiliates within a larger network of cybercriminals. For more information, please visit [Microsoft: US Healthcare Sector Targeted by INC Ransomware Affiliate](#).

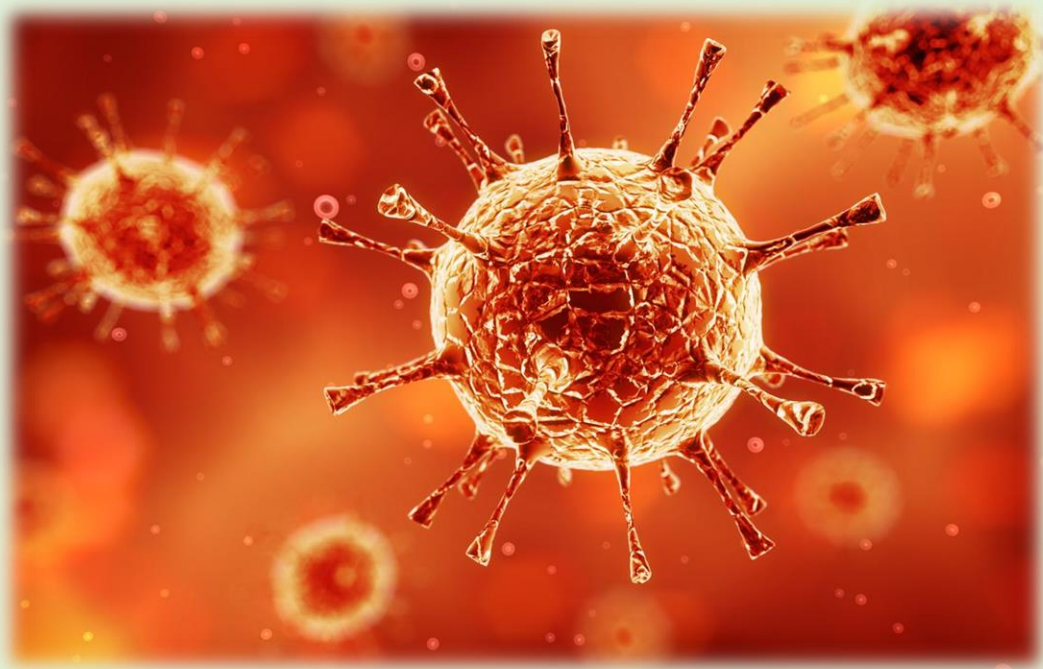
Infectious Disease Update

Click each box below for
more information...

Public Health Considerations for Dengue

CDC Confirms Human H5 Bird Flu Case in Missouri

**Southern Hemisphere Flu Season Could Provide
Clues on Upcoming U.S. Flu Season**





Healthcare

Preparedness in the News

AHEPP featured the following stories and resources in their recent update:

[Southeast US Under Major Storm Warning as Hurricane Watch Issued for Parts of Cuba and Mexico](#)

[Cascading Disasters Push Residents of a Nepalese Valley to the Brink](#)

[A New Genetic Analysis of Animals in the Wuhan Market in 2019 May Help Find COVID-19's Origin](#)

[Cholera is Spreading in Sudan as Fighting Between Rival Generals Shows No Sign of Abating](#)

COOP for Rural Healthcare: Office Hours



The Minnesota Department of Health (MDH) & the Coalitions have created a Continuity of Operations (COOP) Planning Toolkit for health care facilities. Along with the toolkit, support includes a series of Office Hours where health care facilities can ask questions and share best practices.

Please [Click here](#) for more information & registration.

Next Training!

Don't forget to add these to your calendar!

TOPIC 1	HOW TO COOP: A ROADMAP	Aug 1, 12:00-12:45 pm Oct 10, 1:00-1:45 pm
TOPIC 2	COOP 101	Aug 8, 9:00-9:45 am Oct 17, 1:00-1:45 pm
TOPIC 3	IDENTIFYING ESSENTIAL FUNCTIONS	Aug 15, 11:00-11:45 am Oct 24, 1:00-1:45 pm
TOPIC 4	VITAL RECORDS, IT, HUMAN RESOURCES, AND COMMUNICATIONS	Aug 22, 12:00-12:45 pm Oct 31, 9:00-9:45 am
TOPIC 5	CONTINUITY FACILITIES, RECONSTITUTION, AND DEVOLUTION	Aug 29, 12:00-12:45 pm Nov 7, 10:00-10:45 am
TOPIC 6	CONTINUITY PLANNING FOR LONG TERM CARE	Sep 5, 12:00-12:45 pm Nov 14, 12:00-12:45 pm

2024 Trauma Threads Conference

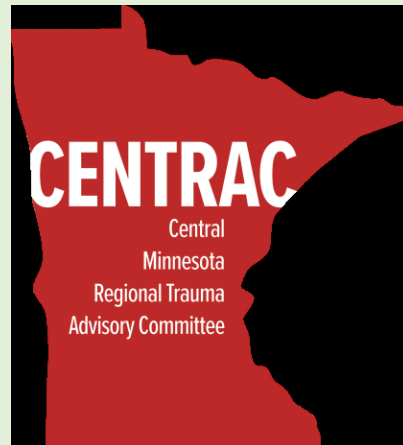
[Click here](#) to view the flyer

Please share with EMS, Law Enforcement, First Responders, Fire and Rescue services in your areas.

Dinner will be provided.

RSVPs recommended but not required.

Non- Coalition
Training
Opportunities



CENTRAC PRESENTS

Trauma Threads: Connecting Our Patients to Care

Topics:

- ◇ ATV Crash Response: Pitfalls and Pearls
- ◇ Pediatric Trauma
- ◇ Case Reviews

Time: 5:00-9:00 PM

Cost: FREE

*Post credits and CEUs available

Attend at the location that works best for you:

October 1- Melrose, MN

October 10- Crosby, MN

October 29- Buffalo, MN

For West Central
Coalition Partners
Only

Physical & Cybersecurity Infrastructure Protection Training

The 18-county West Central Region for emergency managed will be hosting two physical and cybersecurity infrastructure protection training courses in early October. Participants can attend one or both, and there are no prerequisites for either. Both will be offered at the **Douglas County Public Works Facility** in Alexandria (location details in the flyers linked below.). Plan for each course to go from 8:00 a.m. to 5:00 p.m.

The two courses that will be offered are:

October 8: MGT-414 Critical Infrastructure Resilience and Community Lifelines

In this course participants will enhance their skills to formulate considerations for the resiliency of jurisdictional assets leveraging cross-sector partnerships. These considerations will enhance the whole community's ability to manage the risk associated with critical infrastructure protection efforts. The course will implement the National Preparedness Goal and formulate considerations for improving community resilience and develop an understanding of Community Lifelines.

[Click here](#) to view the flyer for more information.

October 9: MGT 452 Physical and Cybersecurity for Critical Infrastructure

The purpose of the course is to increase collaborative efforts among and between individuals and organizations responsible for both physical and cybersecurity. This collaboration will lead toward the development of integrated risk management strategies that lead to the enhanced capabilities necessary for the protection of our nation's critical infrastructure. The course identifies physical and cybersecurity concerns impacting overall infrastructure security posture, examines integrated physical and cybersecurity incidents as well as the evolving risks and impacts they pose to critical infrastructure. It also introduces key concepts and resources that can be applied to improve security within an organization, business, or government entity.

[Click here](#) to view the flyer for more information.

To Register:

Please see the attached flyer for the session(s) you wish to attend and click on the link to register.

Please Notes:

- *If you have not previously attended a course taught by the Texas A&M Engineering Extension Service (TEEX) (a.k.a. National Emergency Response and Recovery Training Center), you will need to create an account with username & password. Click on "Create account" under the New User section of the website to set up your account.*
- *You will also need a FEMA Student Identification Number. If you have not previously taken a FEMA in-person or online training, please click on this link to get an ID number: <https://cdp.dhs.gov/femasid>*

Non-
Coalition
Training
Opportunities

Overdose Response Training

Naloxone Training at Sherburne County

The first Overdose Response Training supported by the Central Region's MRC-STRONG grant has been scheduled!

We have partnered with the Steve Rummier HOPE Network to provide a training on the administration of naloxone, the medication that can reverse an opioid overdose. During this free one-hour training a number of topics will be covered, including:

- Key info on opioids and current data on the opioid crisis
- How to recognize signs of an opioid overdose
- What naloxone is, and how it works to reverse an opioid overdose
- The action steps when responding to an overdose
- How to administer intramuscular and nasal naloxone
- Protections provided, such as MN's Good Samaritan Law/Naloxone Law, also known as "Steve's Law"
- Where and how to get low or no cost naloxone

All attendees will receive their own nasal naloxone kit and a certificate of completion. **Register for the training here:** <https://www.co.sherburne.mn.us/Activities/Activity/Detail/Naloxone-Training-at-Sherburne-County-671>.

Training Date and Time:

Monday, September 30th, 9-10am or 11am-12pm

Training Location:

Sherburne County Government Center, Elk River, Maple Room

Non-
Coalition
Training
Opportunities



A wellness workshop for our healthcare community



Minnesota Cares

On November 14th, 2024 WE HONOR YOU, A VITAL PART OF MINNESOTA'S HEALTHCARE COMMUNITY

OUR GOAL IS TO:

- **THANK** the healthcare community for their past and ongoing service.
- **TEACH** self-care through a variety of workshops and learning sessions.
- **FOSTER RESILIENCE** for the future through evidence-based

[REGISTER HERE](#)

[CLICK HERE FOR MORE INFORMATION](#)



OSHA FIRST RECEIVER TRAINING

...the standard & a requirement
...this is for your HERT team members!!!

- On-line modular training offered by coalition in 2024:
 - October 28th-31st, 2024
 - January 20-23rd, 2025
 - March 24th-27th, 2025
- Sessions will be offered 0800-1000 or 2000-2200 each day, attendees must attend 1 session per day for the entire 4-day period (8-hours total).
- This training will get the attendee a FEMA certificate of completion
- 3-hour Fee for service hands on sessions can be scheduled after if desired by your agency/facility (not required)



[Click here to register...](#)

Coalition
Training
Opportunities





2024/25 Central and WC Meeting Calendar

July 2024						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
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21	22	23	24	25	26	27
28	29	30	31			

August 2024						
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September 2024						
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29	30					

October 2024						
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November 2024						
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December 2024						
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29	30	31				

January 2025						
Su	Mo	Tu	We	Th	Fr	Sa
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February 2025						
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March 2025						
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30	31					

April 2025						
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May 2025						
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25	26	27	28	29	30	31

June 2025						
Su	Mo	Tu	We	Th	Fr	Sa
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

2024/2025 Coalition Calendar

Note the color-coding key at the bottom.

****NOTE - calendar invites trump this calendar****

Central All Coalition - Regional Meeting - face to face 9 a.m. - 3 p.m.
Central Regional Meeting - virtual 1 p.m. - 2 p.m.
Central Region Advisory Committee Meeting - 1 p.m. - 2 p.m.
Regional Surge Exercise - 4th Thursday of March

West Central All Coalition - Regional Meeting - face to face 10 a.m. - 4 p.m.
West Central Regional meeting - virtual 9 a.m. - 10:30 a.m.
Regional Full Scale Communications Exercise 1:30 p.m.
Mini communications exercise
West Central Advisory Committee Meeting 11 a.m. - 12 p.m.

Federal holidays 2024/25

Jul 4, 2024	Independence Day	Nov 11, 2024	Veterans Day	Jan 1, 2025	New Year's Day	May 26, 2025	Memorial Day
Sep 2, 2024	Labor Day	Nov 28, 2024	Thanksgiving Day	Jan 20, 2025	Martin L. King Day	Jun 19, 2025	Juneteenth
Oct 14, 2024	Columbus Day	Dec 25, 2024	Christmas Day	Feb 17, 2025	Presidents' Day		

THE COALITION TEAM.....



CENTRAL REGION:

Regional Coordinator: **Katrina Hennen**

hennenkat@centracare.com

cwhealthcarecoalitions@centracare.com

WEST CENTRAL REGION:

Regional Coordinator: **Shawn Stoen**

Shawn.stoen@centracare.com

cwhealthcarecoalitions@centracare.com

Both Regions:

Program Manager: **Shawn Stoen**

Shawn.stoen@centracare.com

Education/Exercise: **Dave Miller**

cwhealthcarecoalitions@centracare.com